

Detox Foot Patches

What You Need to Know...

“For hundreds of years, eastern medicine understood toxins travelled downwards in the body accumulating in the tips of our toes and ankles...”

The primary effect of the Detox Foot Pads is detoxification. The patches will absorb your toxins after using for whole night. You can see that from the changing of the colour after using it. The more dirty you see the foot pad, the more toxins it has absorbed. After consistently using for a period, they will become cleaner each morning. That means most of the toxins in your body have been released already.

Do I need to follow a special diet while I use the foot pads?

There is no need for a special diet. It's recommended that to help flush the toxins and heavy metals etc. you look at your diet, exercise regularly and drink plenty of water.



How often should I use Detox foot pads?

It is recommended that they be used for at least 3 months or 90 days for complete cleansing. Some people prefer 10 days increments and feel that will eliminate a significant amount of toxins if done regularly. You will know how your detoxification is progressing by the colour of discharge on the pad. As the pad diminishes in colorization you will know that the detox is coming to an end. The length of time for this to happen varies with each individual. Some will detox relatively quickly others much longer depending upon life styles, immune system fatigue, and other variables.

Can I use them on only one foot?

Yes, you may do that but as you study the Reflexology Foot Map you will see that the liver point, for example, is located in the same place

on both feet. If you were detoxifying the liver it would be most beneficial to apply a pad to both feet at the liver point. Also for balance it is wise to have both feet involved in the detox process.

Do the foot pads contain chemicals?

No, they are 100% natural ingredients and none of the ingredients enter the body. The ingredients merely stimulate various physiological functions and draw from the inside out.

Can I reuse the pads?

No, the pads are for single use only.

Are there any side effects?

Aside from allergies to the ingredients used, no known side effects have been noted.

What are the benefits?

Detoxifying may improve your circulation, balance the body's pH, aid in the elimination of waste and increase the movement of lymphatic fluids. This may create feelings of vigour, easing of muscle and joint problems, improved immune system, and better sleep. And most of all they will remove the toxins from your body's sewer system - the lymphatic system.

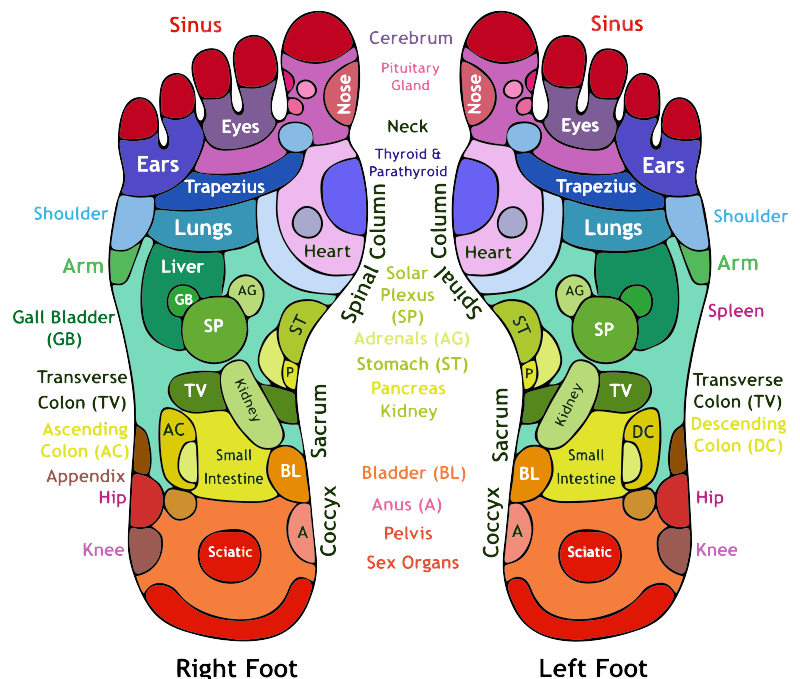
How long should I use the foot pads?

Effects may occur within a few days (one or two pads per foot). You can use them as long as you see the need and have results. When toxins have been removed it is common to have no discharge or discoloration into the pad.

What causes the pads to be sticky or change colour when they are moistened by body fluids?

When the pads get sticky, it is the result of the ingredients used in the pads to absorb the toxic lymph fluids and excess moisture. The pads may dry out due to body heat overnight.

Foot Reflexology Diagram



Detox Foot Patches

What You Need to Know...

Applications (Apply to these areas):
Knees – Apply to back of the knee
Eyes – Side of forehead
Back – Apply either side of spine
Kidneys – Over kidneys

Is there anything that will enhance their effectiveness?

It is wise to wash the site of application, to remove lotions, oils or anything that will block the pores. Soaking your feet in warm Epsom salt water can enhance circulation and aid in opening your pores. You may want to wear socks if your feet get cold. The pads are activated by your body heat and normal skin moisture. Be sure to drink plenty of water and assure good contact between foot and pad.

Are they safe to use?

They are only topical and draw toxins out of the body. You ingest nothing therefore they are completely safe. Nevertheless, we recommend that you discontinue use if any allergic reactions occur. We also recommend you seeking medical advice before using any such product.



How do the foot pads work?

For hundreds of years, eastern medicine understood toxins travelled downwards in the body accumulating in the tips of our toes and ankles. They also understood that toxin accumulation lead to many degenerative diseases. For example, painful rheumatism and arthritis were caused by acidic toxic fluids gathering around the joints.

In foot reflexology, the feet are considered channels too many vital organs, with over 60 acupuncture points on the soles of our feet.

The foot pads contain natural ingredients which stimulate these acupuncture points through the combined action of wood/bamboo vinegar, far-infrared energy and negative ion emissions. This stimulation results in the breakdown of water and waste molecules that free blockages in the circulatory and lymphatic systems. Cleansing naturally begins in the soles of our feet.

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the toxins in your body have been released already. Apart from your feet, you can also apply these detox foot pads onto other part of your body, including back, knees, elbows etc.

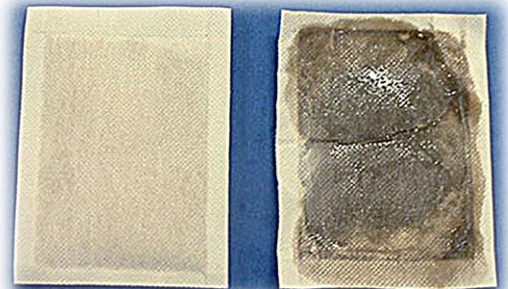
Benefits of the Detox Foot Pads:

- ✓ Release unwanted toxins
- ✓ Increase your energy level
- ✓ Reduce aches, pains, headaches, & tiredness
- ✓ Relieve stress
- ✓ Improve your metabolism
- ✓ Improve your blood circulation
- ✓ Improve weight loss
- ✓ Totally discreet - Works while you sleep
- ✓ Simple and Easy to use

Directions for use:

1. Apply detox patch one hour before bed-time.
2. Wash and dry your feet or body part before applying Detox Patch.
3. Take one adhesive sheet and slowly peel off paper.
4. Place the foot pad on the adhesive where noted to "Put adhesive sheet on this side" and place onto the soles of your feet or the desired area of other body part. (Socks can be worn if necessary)
5. Wear for 8-10 hours then remove pad.
6. Wipe surface with wet towel until it's no longer sticky.
7. Used patches will appear dark greenish or greyish as they absorb toxins and waste matter from your body.
8. Continue to use each night until the discoloration of the pad subsides.
9. When used patches show signs of lightening, apply once or twice a week for maintenance.

Before Use After Use



We are now subjected to toxins everywhere. Symptoms of toxic overload include fatigue, headaches, poor circulation, chronic pain, weak immune system, constipation, arthritis, depression and skin disease etc. Detox Foot Pads are the newest detoxification therapy. It helps to prevent the accumulation of toxins in the body, thus substantially reducing the chances of illness, disease and removing harmful body toxins.

Ingredients:

Bamboo Vinegar, Wood Vinegar, Plant Essence, Tourmaline, Chitin, Brazil Mushroom, Rhubarb and Dextrin, Charcoal

Disclaimer

No information presented here should be construed as medical advice, nor should it be construed as a sufficient substitute for medical advice. Please note that this product is used primarily to detox the body only and is not intended to treat, prevent or cure any serious illnesses.